### Summary

An overview of what DRR/M and resilience is, and how the Sphere Handbook provides guidance for each step of the risk and crisis management cycle.



### Aim

This module provides a broad overview of the concepts linked with DRR/M and resilience, and lets participants explore how the Sphere Handbook provides guidance for each step of the risk and crisis management cycle.

### Learning objectives

*By the end of this session, participants will be able to:*

* Explain what DRR/M and resilience are
* Describe how Sphere can be used to support DRR/M and resilience strengthening
* List the steps from the risk and crisis management cycle and examples of guidance offered by Sphere to support them.

### Key messages

* Disaster Risk Reduction/Management and strengthening resilience are central approaches to the Sphere Handbook.
* Effective management of risk and crisis contributes to strengthening resilience.
* Sphere provides guidance supporting each step of the risks and crisis management cycle.

#### Preparation & resources

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| --- | --- | --- |
| For the facilitator | For each participant | For each group |
| * Scissors, 1 envelope per group, colour cards, marker * Handout ‘Sphere quotes’: 1 copy and cut out the quotes * One large paper (collating 4 flip charts together) on which the risk and crisis management cycle is reproduced | * Sphere handbook & highlighter | * Glue, flipchart, blue tack * 2 copies per group of Handout ‘Definition game’ * Group work exploring Sphere: Handout ‘Guidance on where to find information in the Handbook for each group’; one copy, black and white. Cut each line; distribute to the relevant group * One printout of ‘Sphere for Assessments’ for the group working on assessment |

### You may also want to look at:

* **Module A5** – Sphere in your operating local context
* **Module B4** – Sphere for emergency and development
* **Module B1 & B2** – Sphere and the project cycle
* **Module B7** – Sphere and cash-transfer response

### To know more:

* **Browse** the OECD website: [www.oecd.org/dac/risk-resilience.htm](http://www.oecd.org/dac/risk-resilience.htm)
* **Browse** the ‘Reaching Resilience’ website: [www.reachingresilience.org/About](http://www.reachingresilience.org/About)
* **Do** the ‘Sphere Handbook in Action’ e-learning course, module ‘Build back safer’: [www.sphereproject.org/sphere/en/learning/e-learning-course](http://www.sphereproject.org/sphere/en/learning/e-learning-course)
* **Read** ‘Thriving Resilient Livelihoods’: [www.christianaid.org.uk/Images/Resilient-livelihoods-briefing-October-2012\_tcm15-67261.pdf](http://www.christianaid.org.uk/Images/Resilient-livelihoods-briefing-October-2012_tcm15-67261.pdf)
* **Read** ‘Toward Resilience’: <http://reliefweb.int/sites/reliefweb.int/files/resources/ECB-toward-resilience-Disaster-risk-reduction-Climate-Change-Adaptation-guide-english.pdf>

#### Session plan

|  |  |  |
| --- | --- | --- |
| Activity | Description | Timing |
| Introduction | The concepts of DRR/M and resilience are linked and the Sphere Handbook provides guidance for each step of the risk and crisis management cycle. | 5' |
| Slide presentation | Go through slides 2 to 6 in an interactive manner:   * Slide 2: ensure you have distributed the key messages to 4 different participants so that they can read the quotes * Slide 4: explore the picture with participants | 20' |
| Group work  ‘Definitions’ | Facilitator’s preparation in advance:   * Print out 2 Handouts ‘Definition game’ for each table. * One copy remains as an A4 sheet, and will be distributed to the group later to assess whether they managed the exercise properly. * The other copy should be cut into pieces and each term separated from its definition. * Put all the cut out papers into one envelope and write the group’s number on it.   Distribute one envelope to each group, with an empty flip chart and glue stick.  When all groups have finished gluing the pieces of paper onto the flip chart, give them the A4 sheets with the correct definitions.  Let them correct by themselves. | 15' |
| Group work  ‘Exploring Sphere guidance for risk and crisis management’ | Show the flip chart on which you have reproduced slide 8 on risk and crisis management.  Give one colour card with one step of the cycle per group, as per the preparation instructions in the notes section on the slide.  Participants have to explore the Handbook to find out the type of information and guidance provided by Sphere, exploring the various chapters.  After 5’, distribute to groups their respective handout providing them guidance on where to find the information.  Each of the 6 groups present during 3 minutes in plenary.  Close the exercise by asking participants what they think about the way Sphere can be useful to support DRR/M and resilience. | 45' |
| Wrap-up | Close the session with slide 10 by reminding participants about the 3 key messages outlined on the slide. | 5' |

### Tips for facilitators

* Ensure the participants can share practical experience of DRR/M and resilience programmes during the session, especially when debriefing on group work.
* Each organisation has its own definition of each concept related to resilience and DRR/M. It is important to move away from a debate on word choice, and rather to really figure out what it means in practice.